

Tool 6.a Self-reflection tool for teachers

Staff Notes

Your relationships and sexuality program is strengthened by staff reflection. The purpose of this tool is to encourage staff to reflect on their own teaching practice. The information gathered may assist mentors by providing a format to evaluate the effectiveness of any professional development and identify and suggestions for improvement. This tool can be edited to suit your needs or transcribed in to an online survey format.

This tool can be used as a way of evaluating your practice and supporting your continuous professional development.

Once you have completed the lesson/unit, use these prompts and reflect on your practice. If you have a mentor who has observed your teaching, they can also use this tool to provide you with feedback. Identify your strengths and the areas that need development. If you have a mentor, they may suggest ways this could be achieved. Remember to update your lesson notes to include any changes.

	Teacher / Mentor reflections
How do I feel at the end of this lesson/program?	
What was my overall impression of the lesson/program?	
What did I do well?	
What might I have done better or change next time?	
How was my relationship with the students, and is there anything I could change or improve upon?	
Were the lesson/unit objectives achieved?	
What feedback have I received?	(not always relevant)
If I was to deliver this work again, what might I do differently in terms of: <ul style="list-style-type: none"> a. Objectives? b. Activities used? c. Resources used? d. My personal style? 	
Has this lesson/program identified any personal and professional development needs for me?	

