

Activity: 9-10.11.3

Key Messages

- During adolescence, young people may become interested in more intimate relationships.
- Dating is a way to spend time with someone in order to get to know them.

Activity Details

Victorian Curriculum

Health & PE Evaluate factors that shape identities, and analyse how individuals impact the identities of others
VCHPEP142

Capabilities VCPSCSO049

Time 20 minutes

Levels 9 & 10

Equipment

- class set of Home interview: dating handouts

Home interview: dating

Purpose

To encourage communication between parents/carers and their children on the subject of dating.

Teaching notes

This worksheet requires students to interview a trusted adult about relationships and dating. This may not be possible for some students due to cultural constraints or individual family values. For these students, it may be possible to provide an onsite adult that they can share the activity with. E.g. other teachers, school counsellor, welfare staff, school nurse etc.

Procedure

1. Hand out the *Home interview: dating* worksheet and explain it is a homework activity.
2. Explain that students are to interview their parents/ carers if possible, or another trusted adult.
3. Explain that the aim is to reflect on the idea of dating and the role it plays in relationships and to think about how it has changed over the last 20 years.
4. In the next class/ session, have students discuss their findings.

Discussion

These questions can be used as follow up:

- What is dating?
- What role does it play in relationships?
- Did people date much 20 years ago?
- If they did, what did they do?
- Do people date much now when they are teenagers?
- How is dating depicted on television?
- What are the differences between TV dating and the reality?

End the discussion by brainstorming and recording advice given by the interviewee on dating.

Home interview: dating

Interview a parent/ carer, if you can. If they are unavailable, ask another trusted adult who is at least one generation (20-25 years) older than you.

Dating in the "olden days"

1. Define 'dating' as it was for you as a teenager.

2. Were there any rules about dating when you were a teenager?

3. In what ways, if any, do you think dating has changed over the last generation for teenagers?

4. Do you think dating is easier or harder for young people these days? Why?

5. What advice would you give a teenager about dating these days?

