



Activity: 3-4.8.5

Key Messages

- The reproductive system is an important system within the human body.
- The purpose of the reproductive system is to enable humans to be conceived (made) and born.

Activity Details

Victorian Curriculum

Health & PE Explore strategies to manage physical, social and emotional change
VCHPEP089

Time 30 minutes

Levels 3 & 4

- Equipment**
- class set of *Male reproductive system and Female reproductive system* worksheets
 - *Male reproductive system and Female reproductive system* Teacher reference sheets

Reproductive body parts

Purpose

To teach about body parts and their function.

To provide students and parents with an opportunity to discuss reproduction.

Teaching notes

This homework activity may not be appropriate for all of your students as some may not be able to discuss the reproductive systems with their families. In this case, the activity can be used during class time.

Procedure

As a homework activity:

1. Hand out worksheets and explain that it is a homework activity that is to be completed with parents/carers.
2. Students are to label and discuss the body parts on the worksheet.

As a classroom activity:

1. Using the teacher reference sheets provided, go through the worksheet helping students to label the body parts, explaining their function and answering questions using a Magno-mate or other visual aid to increase understanding.

Please note: The external view of the vulva has not been included in the student worksheet, however we encourage teachers to draw it on the whiteboard using the Teacher reference sheet as a guide.

Adapted with permission from Kokonis, A and Maginness, K 1996, *Teaching sexuality: a comprehensive activity-based resource*, HarperSchools, North Blackburn, Vic.



Reproductive system

Teacher reference sheet

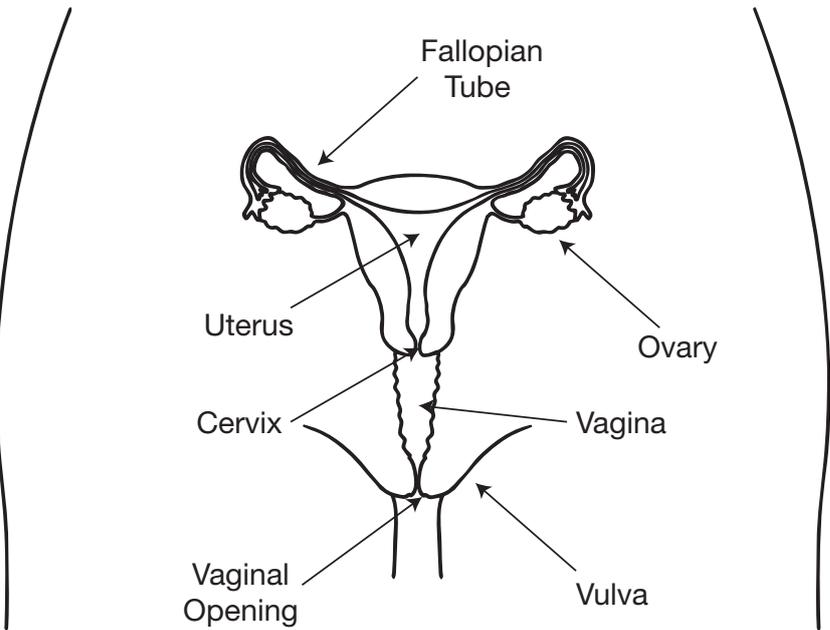
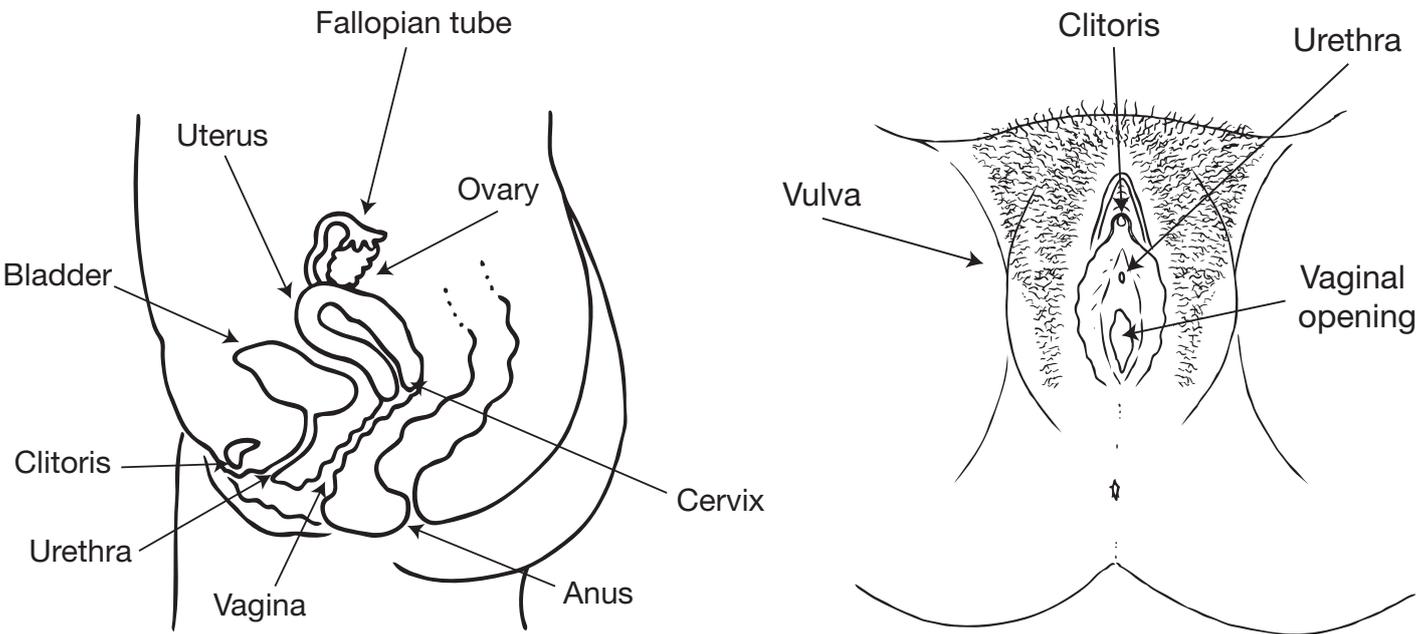
Female reproductive body parts.

Read words aloud first, so the students hear the correct pronunciation.

Term	Description and function
Uterus	This is shaped like an upside-down pear. It's the place where the baby lives and grows until it is born.
Cervix	This is a tiny hole and is doughnut shaped if viewed from below. It stretches open to about 10cm during childbirth.
Fallopian tubes	This is where the sperm and ovum (egg) meet and join and the first cells of the baby form.
Ovary	There are two of these and each is about the size of an almond; a baby girl is born with all her ova (eggs) inside, 200,000 - 300,000. They begin to ripen at puberty. Usually, one ovum (egg) ripens every month.
Vagina	This has a very clever design as it's self-cleaning. The vagina produces moisture that becomes noticeable during puberty. Girls need to wipe front-to-back when going to the toilet to avoid introducing germs. It is not a hollow tube; the walls of the vagina rest against each other, but can stretch open when a penis or a tampon is inserted or a baby is being born.
Vulva	Often called vagina in error. It is the name for all the outside body parts between a girls' legs.
Urethra	Urine (wee) comes out here. It does not come out of the vagina.
Anus	Another hole in the body. A way for solid waste (poo) to leave the body.
Vaginal opening	The opening on the outside to the stretchy tube that is the vagina.
Clitoris	This little bump has more nerve endings than any other body part. When females are sexually aroused or excited, blood rushes to it and they get a tingly, sexy feeling. What is the corresponding part in boys?

Female reproductive system

Teacher reference sheet



Reproductive system

Teacher reference sheet

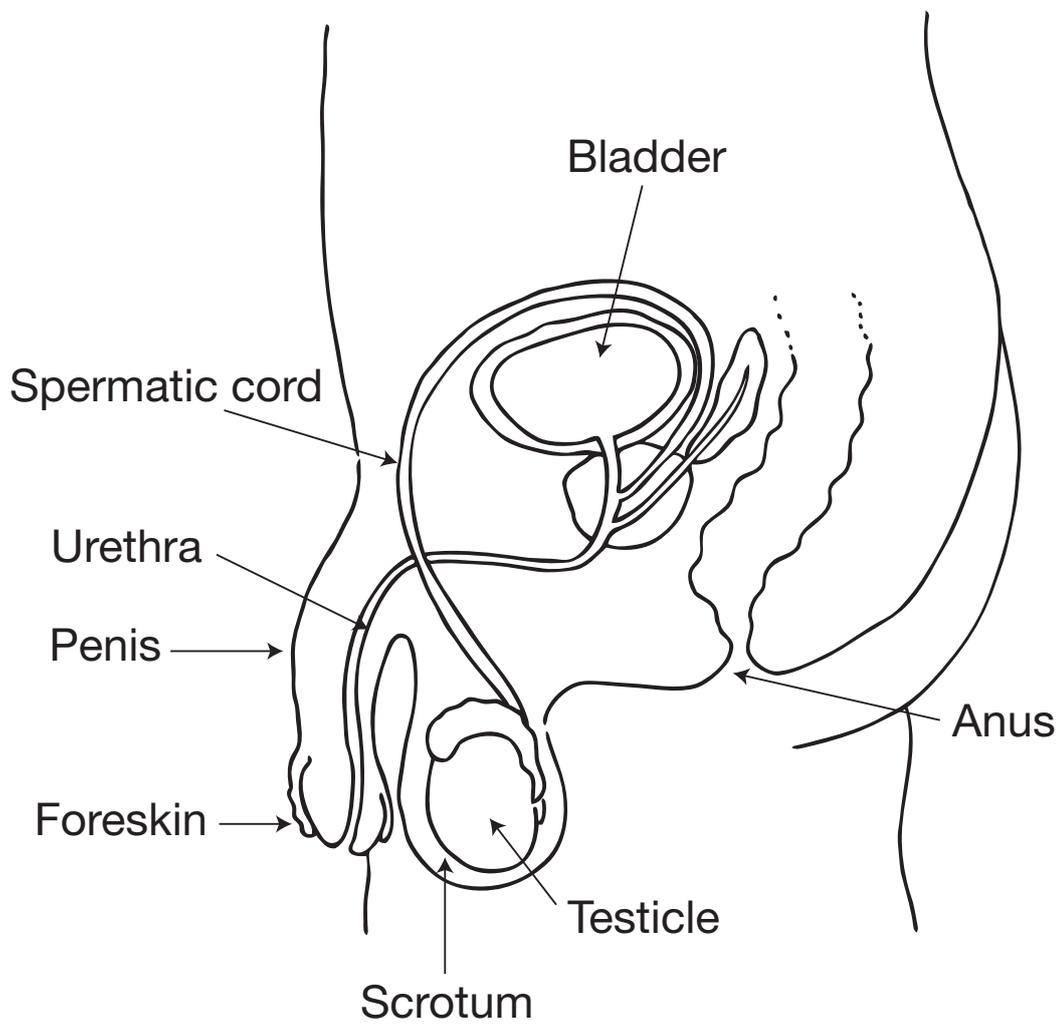
Male reproductive body parts.

Read words aloud first, so the students hear the correct pronunciation.

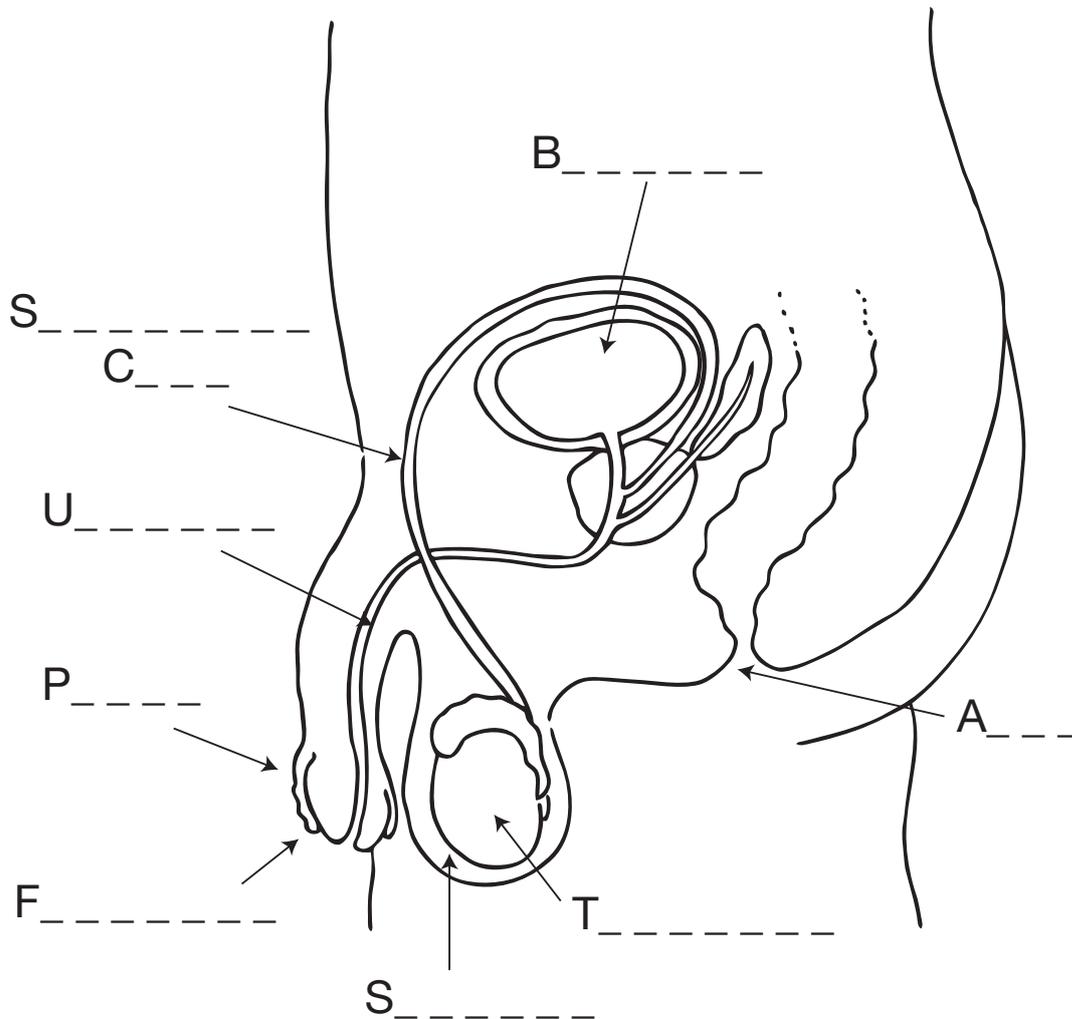
Term	Description and function
Foreskin	A wrinkly skin that covers the end of the penis. Some boys are circumcised (at birth, when young or in their teens) for cultural/religious/medical reasons. It was a popular thing to do for many years. If you have a foreskin, it's important to move it back gently and clean around it in the shower or bath to prevent the build-up of a white substance called smegma.
Urethra	This is a tube, inside a male's penis, for urinating (peeing) through.
Bladder	Trace back up along the urethra to the bladder. The bladder is a sac that holds urine.
Scrotum	The outer sac (skin bag) that holds the testicles.
Testicle	This is where sperm is made. There are two of them. These are hazelnut size in boys, walnut size in men. Sperm is produced and stored here. Why do they hang on the outside of the body? The testicles need to be at a lower temperature than the body. They 'drop' in warm weather and 'rise' in cold to keep at a constant temperature because this helps develop healthy sperm.
Spermatic cord	Trace the passage of sperm along the cord to the seminal vesicle and prostate. From this point on, the sperm is called semen. When a man has sexy feelings, blood rushes to his penis, which stands up and out from the body. This is called an erection . When the semen, or sticky, white fluid containing sperm, comes out, this is called ejaculation . Both semen and urine cannot come out at the same time, as a valve near the bladder shuts off the urethra when a male has an erection. Young boys often get a morning erection, which indicates they need to urinate. As boys get older, and get sexy feelings, that will also cause an erection.
Penis	A soft, sausage-like organ that hangs between a boy's legs. It has a small hole at the end where urine (pee) and semen come out.
Anus	Another hole in the body. A way for solid waste (poo) to leave the body.

Male reproductive system

Teacher reference sheet



Male reproductive system



Anus

Bladder

Testicle

Penis

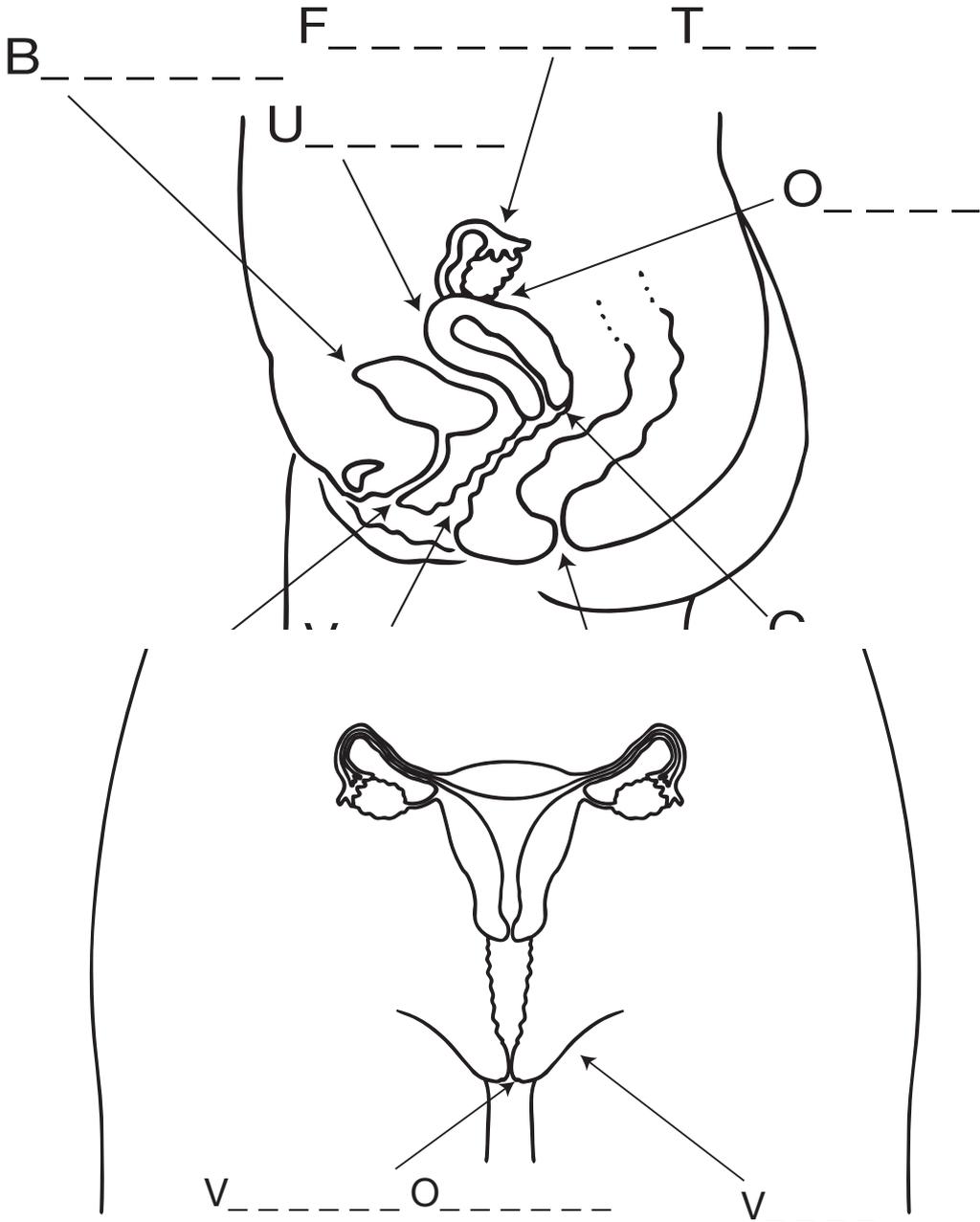
Foreskin

Urethra

Spermatic Cord

Scrotum

Female reproductive system



- | | | | |
|--------|----------|----------------|-----------------|
| Ovary | Vagina | Urethra | Vaginal Opening |
| Uterus | Clitoris | Fallopian Tube | Vulva |
| Anus | Bladder | Cervix | |

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