



Activity: 3-4.2.1

Key Message

- Our identity is shaped by how others see us and how we think about ourselves.

Activity Details

Victorian Curriculum

Health & PE Examine how success, challenge and failure strengthen personal identities VCHPEP088

Capabilities VCPSCSE017

Time 40 minutes

Levels 3 & 4

- Equipment**
- scrap paper
 - A3 paper for each student
 - textas and pencils

A different view of me

Purpose

To consider how we are perceived by other people.

Teaching notes

Teachers may elect to demonstrate this activity first, using themselves as an example, in order to illustrate the concept.

Some students may be reluctant to draw. Words and diagrams can also be used or pictures can be cut out of magazines.

Procedure

1. Ask students to brainstorm and list, on scrap paper, all of the people who are important to them and know them well.
2. Hand out an A3 sheet of paper to each student.
3. Ask each student to draw a self-portrait in the centre of the paper, leaving enough space to (later) write around it.
4. Ask students to then fold the paper into four even parts.
5. Each student must choose 4 people from the list they compiled earlier (from step 1) and write a description of how that person would see them (the student). (e.g. 'Mum sees me as kind, messy and funny', 'My best friend sees me as sporty, fun and a good friend'). This can be written around the portrait, with one person for each quarter of the page.
6. Students can share and discuss their work with one another when completed.

Adapted from Sanders, P and Swinden, L 1990, *Knowing me, knowing you: strategies for sex education in the primary school*, LDA, Wisbech, Cambridgeshire, UK.

