

Activity: 3-4.5.3

Key Messages

- There are some types of touching we don't like.
- If someone breaks the rules about touching, we can tell them to stop and then tell an adult who will listen and help.
- If someone does something wrong or rude to us, it's never our fault.

Activity Details

Victorian Curriculum

Health & PE Identify and practise strategies to promote health, safety and wellbeing
VCHPEP091

Capabilities VCECU005, VCPSCSE016

Time 40 minutes

Levels 3 & 4

Equipment

- magazines
- class set of *The touch I don't like* worksheet

The touching I don't like

Purpose

To provide the opportunity for children to identify wrong touching.

Teaching notes

Messages about inappropriate touching must be clear. Hints and vague statements are useless. Be clear that older children and adults are never allowed to play or mess around with children's genitals for fun. Children also associate touching with the use of their hands. Unless there is a broader perspective, oral or anal penetration is unlikely to be identified by a child as being wrong. This is a confronting activity, but it is an important one, as it provides students with clear ideas about what is inappropriate. Teachers may wish to consult websites on protective behaviour and mandatory reporting which have been listed (see the *Protective behaviours* section in the *Introduction: Background Teaching notes* of this document).

Procedure

1. Ask the students to brainstorm touching they like.
2. Ask if this could change to touching they don't like.
3. Discuss ways of communicating clearly when you don't like touches.
4. Practise saying 'I don't like it when you do that to me.'
5. Tell the students that wrong touching could happen anywhere at any time. Ask them to come up with some places where wrong touching could happen. The person giving the wrong touch might be an older child, an adult, someone they know or someone they don't know.
6. Give regular reminders that 'If other children or adults do wrong or rude things to you, it is never your fault'.
7. Emphasise that, if someone breaks the rules about touching, it is important to tell an adult who will listen and help. (You may refer students back to the 5 people identified in the *Network hand of helping people* activity).
8. Distribute the worksheets to the students.
9. Students might like to share their answers with the class.

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The touching I don't like

Most touches are good touches. We all like good touches.
But sometimes, touches can be wrong.

- Wrong touches can hurt.
- Wrong touches can feel yucky
- Wrong touches can be worrying.
- Wrong touches must be stopped.
- Wrong touches are not allowed.

These are bad touches I would not like:

It can be a bad touch if someone touches you (pushes you) on the swing to make you go higher than you want to go.

It's a wrong or bad touch if someone keeps on pushing you when you've asked them to stop.

If someone gives you a touch that you don't want, say 'Stop that! I don't like it!'
And, if they don't stop, tell someone who will help you to stop it.

Tell your teacher. Tell your mum or dad.

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